WHAT IS CLAIMED IS:

1. A video monitor adapted to be mounted to a headrest of a vehicle seat, the monitor comprising:

a screen structure defining a first hinge portion adjacent an upper edge thereof; a housing defining a storage cavity adapted to receive the screen structure, and a surface adjacent an upper edge thereof defining a second hinge portion for receiving the first hinge portion; and

a fastening member securing the first hinge portion to the housing surface; wherein

the first and second hinge portions cooperate to pivotably secure the screen structure to the housing.

- 2. The video monitor of Claim 1, wherein the fastening member is made of a metal.
 - 3. The video monitor of Claim 1, wherein the fastening member is a screw.
- 4. The video monitor of Claim 1, wherein the fastening member cooperates with apertures in the housing surface and the first hinge portion.
- 5. The video monitor of Claim 1, wherein the first hinge portion comprises a substantially rectangular flat plate, and the housing surface comprises a wall of a slot that is adapted to slidingly receive the first hinge portion.
- 6. The video monitor of Claim 5, wherein a longitudinal axis of the fastening member is oriented substantially perpendicularly to a plane defined by the first hinge portion.
- 7. The video monitor of Claim 1, wherein an angular orientation of the screen structure relative to the housing is adjustable without moving the headrest or the seat.
- 8. The video monitor of Claim 1, wherein the screen structure is pivotable ninety-degrees with respect to the housing.
- 9. The video monitor of Claim 1, wherein a floor of the housing includes at least one aperture, and the at least one aperture is adapted to receive a fastening member.
- 10. The video monitor of Claim 9, wherein the fastening member secures the housing to a headrest.
 - 11. The video monitor of Claim 10, wherein the fastening member is a screw.

- 12. The video monitor of Claim 1, wherein the screen structure is pivotable approximately 90° with respect to the housing.
 - 13. A video monitor comprising:
 - a screen structure defining a first hinge portion; and
 - a housing defining a surface for receiving the first hinge portion, the housing being mounted to a headrest of a vehicle seat; wherein

the first hinge portion is secured to the housing surface, such that the first hinge portion cooperates with the surface to pivotably secure the screen structure to the housing, and the screen structure is pivotable ninety-degrees with respect to the housing.

- 14. The video monitor of Claim 13, wherein a fastening member secures the first hinge portion to the housing surface.
 - 15. The video monitor of Claim 14, wherein the fastening member is a screw.
- 16. The video monitor of Claim 13, wherein the first and second hinge portions are self-tensioning.
- 17. A video monitor adapted to be mounted to a headrest of a vehicle seat, the monitor comprising:

a screen structure defining a post and a first hinge portion pivotably connected thereto, the post being secured adjacent an upper edge of the screen structure;

a housing defining a storage cavity adapted to receive the screen structure, and a surface adjacent an upper edge thereof for receiving the first hinge portion; wherein the first hinge portion pivotably secures the screen structure to the housing.

- 18. The video monitor of Claim 17, wherein the post and the first hinge portion are constructed of a sturdy material designed to resist separation of the screen structure and housing.
- 19. The video monitor of Claim 17, wherein the post and the first hinge portion are made of metal.
- 20. The video monitor of Claim 17, further comprising a fastening member securing the first hinge portion to the housing surface.
 - 21. The video monitor of Claim 20, wherein the fastening member is a screw.